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## Water Resistant (Clear) Bandage - Care Instructions

- You have a water resistant bandage ("Tegaderm") that does not need to be changed.
- You may shower with the bandage but **DO NOT** submerge it in the bathtub, dab the area gently when drying off.
- DO NOT engage in any strenuous activity that involves the area until
  you are advised it is safe to do so.
- If the bandage starts to come off, trim any areas that are not adherent to the skin.
- You can take TYLENOL if you have pain but AVOID ibuprofen, Aleve and Aspirin.
- Call the office if there is excessive blood or any redness and swelling under the bandage or if you have excessive pain or any fever.